Policy-Based Reinforcement Learning

Previously we approximated paramateric value functions

 $v_{w}(s) \approx v_{\pi}(s)$ $q_{w}(s,a) \approx q_{\pi}(s,a)$

- ► A policy can be generated from these values (e.g., greedy)
- ► In this lecture we directly parametrise the **policy** directly

 $\pi_{\boldsymbol{\theta}}(a|s) = p(a|s, \boldsymbol{\theta})$

This lecture, we focus on model-free reinforcement learning



Value-based and policy-based RL: terminology

Value Based

Learn values

• Implicit policy (e.g. ϵ -greedy)

Policy Based

- No values
- Learn policy

Actor-Critic

- Learn values
- Learn policy





Advantages and disadvantages of policy-based RL

Advantages:

- True objective
- Easy extended to high-dimensional or continuous action spaces
- Can learn stochastic policies
- Sometimes policies are simple while values and models are complex

E.g., complicated dynamics, but optimal policy is always "move forward"
 Disadvantages:

- Could get stuck in local optima
- Obtained knowledge can be specific, does not always generalise well
- Does not necessarily extract all useful information from the data (when used in isolation)



Policy Learning Objective

Policy Objective Functions

- Goal: given policy $\pi_{\theta}(s, a)$, find best parameters θ
- How do we measure the quality of a policy π_{θ} ?
- ▶ In episodic environments we can use the average total return per episode
- ▶ In continuing environments we can use the average reward per step

Policy Objective Functions: Episodic

Episodic-return objective:

$$J_{G}(\boldsymbol{\theta}) = \mathbb{E}_{S_{0} \sim d_{0}, \pi_{\boldsymbol{\theta}}} \left[\sum_{t=0}^{\infty} \gamma^{t} R_{t+1} \right]$$
$$= \mathbb{E}_{S_{0} \sim d_{0}, \pi_{\boldsymbol{\theta}}} [G_{0}]$$
$$= \mathbb{E}_{S_{0} \sim d_{0}} [\mathbb{E}_{\pi_{\boldsymbol{\theta}}} [G_{t} \mid S_{t} = S_{0}]]$$
$$= \mathbb{E}_{S_{0} \sim d_{0}} [\nu_{\pi_{\boldsymbol{\theta}}} (S_{0})]$$

where d_0 is the start-state distribution This objective equals the expected value of the start state

Policy Objective Functions: Average Reward

Average-reward objective

$$J_{\mathrm{R}}(\boldsymbol{\theta}) = \mathbb{E}_{\pi_{\boldsymbol{\theta}}} [R_{t+1}]$$

= $\mathbb{E}_{S_t \sim d_{\pi_{\boldsymbol{\theta}}}} [\mathbb{E}_{A_t \sim \pi_{\boldsymbol{\theta}}(S_t)} [R_{t+1} \mid S_t]]$
= $\sum_{s} d_{\pi_{\boldsymbol{\theta}}}(s) \sum_{a} \pi_{\boldsymbol{\theta}}(s, a) \sum_{r} p(r \mid s, a)r$

where $d_{\pi}(s) = p(S_t = s \mid \pi)$ is the probability of being in state *s* in the long run Think of it as the ratio of time spent in *s* under policy π



Policy Gradients



Policy Optimisation

- Policy based reinforcement learning is an optimization problem
- Find $\boldsymbol{\theta}$ that maximises $J(\boldsymbol{\theta})$
- We will focus on stochastic gradient ascent, which is often quite efficient (and easy to use with deep nets)
- Some approaches do not use gradient
 - Hill climbing / simulated annealing
 - Genetic algorithms / evolutionary strategies

Policy Gradient

• Idea: ascent the gradient of the objective $J(\theta)$

 $\Delta \boldsymbol{\theta} = \alpha \nabla_{\boldsymbol{\theta}} J(\boldsymbol{\theta})$

• Where $\nabla_{\theta} J(\theta)$ is the **policy gradient**

$$\nabla_{\boldsymbol{\theta}} J(\boldsymbol{\theta}) = \begin{pmatrix} \frac{\partial J(\boldsymbol{\theta})}{\partial \theta_1} \\ \vdots \\ \frac{\partial J(\boldsymbol{\theta})}{\partial \theta_n} \end{pmatrix}$$

- and α is a step-size parameter
- Stochastic policies help ensure J(θ) is smooth (typically/mostly)



Gradients on parameterized policies

- How to compute this gradient $\nabla_{\theta} J(\theta)$?
- Assume policy π_{θ} is differentiable almost everywhere (e.g., neural net)
- For average reward

$$\nabla_{\boldsymbol{\theta}} J(\boldsymbol{\theta}) = \nabla_{\boldsymbol{\theta}} \mathbb{E}_{\pi_{\boldsymbol{\theta}}}[R].$$

► How does $\mathbb{E}[R]$ depend on θ ?

Contextual Bandits Policy Gradient

- Consider a one-step case (a contextual bandit) such that $J(\theta) = \mathbb{E}_{\pi_{\theta}}[R(S, A)]$. (Expectation is over *d* (states) and π (actions)) (For now, *d* does **not** depend on π)
- We cannot sample *R*_{t+1} and then take a gradient: *R*_{t+1} is just a number and does not depend on θ!
- Instead, we use the identity:

$$\nabla_{\boldsymbol{\theta}} \mathbb{E}_{\pi_{\boldsymbol{\theta}}}[R(S,A)] = \mathbb{E}_{\pi_{\boldsymbol{\theta}}}[R(S,A)\nabla_{\boldsymbol{\theta}}\log\pi(A|S)] \,.$$

(Proof on next slide)

- The right-hand side gives an expected gradient that can be sampled
- Also known as REINFORCE (Williams, 1992)



The score function trick

Let
$$r_{sa} = \mathbb{E}[R(S, A) \mid S = s, A = s]$$

$$\nabla_{\theta} \mathbb{E}_{\pi_{\theta}}[R(S, A)] = \nabla_{\theta} \sum_{s} d(s) \sum_{a} \pi_{\theta}(a|s) r_{sa}$$

$$= \sum_{s} d(s) \sum_{a} r_{sa} \nabla_{\theta} \pi_{\theta}(a|s)$$

$$= \sum_{s} d(s) \sum_{a} r_{sa} \pi_{\theta}(a|s) \frac{\nabla_{\theta} \pi_{\theta}(a|s)}{\pi_{\theta}(a|s)}$$

$$= \sum_{s} d(s) \sum_{a} \pi_{\theta}(a|s) r_{sa} \nabla_{\theta} \log \pi_{\theta}(a|s)$$

$$= \mathbb{E}_{d,\pi_{\theta}}[R(S, A) \nabla_{\theta} \log \pi_{\theta}(A|S)]$$



Contextual Bandit Policy Gradient

 $\nabla_{\boldsymbol{\theta}} \mathbb{E}[R(S, A)] = \mathbb{E}[\nabla_{\boldsymbol{\theta}} \log \pi_{\boldsymbol{\theta}}(A|S)R(S, A)]$

(see previous slide)

- This is something we **can** sample
- Our stochastic policy-gradient update is then

 $\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t + \alpha R_{t+1} \nabla_{\boldsymbol{\theta}} \log \pi_{\boldsymbol{\theta}_t}(A_t | S_t).$

- In expectation, this is the following the actual gradient
- So this is a pure (unbiased) stochastic gradient algorithm
- Intuition: increase probability for actions with high rewards



Policy gradients: reduce variance

Note that, in general

$$\mathbb{E}\left[b\nabla_{\theta}\log\pi(A_t|S_t)\right] = \mathbb{E}\left[\sum_{a}\pi(a|S_t)b\nabla_{\theta}\log\pi(a|S_t)\right]$$
$$= \mathbb{E}\left[b\nabla_{\theta}\sum_{a}\pi(a|S_t)\right]$$
$$= \mathbb{E}\left[b\nabla_{\theta}1\right] = 0$$

- This is true if *b* does not depend on the action (but it can depend on the state)
- ► Implies we can subtract a **baseline** to reduce variance

$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t + \alpha (R_{t+1} - b(S_t)) \nabla_{\boldsymbol{\theta}} \log \pi_{\boldsymbol{\theta}_t}(A_t | S_t) \,.$$

We will also use this fact in proofs below

Example: Softmax Policy

- Consider a softmax policy on action preferences h(s, a) as an example
- Probability of action is proportional to exponentiated weight

$$\pi_{\theta}(a|s) = \frac{e^{h(s,a)}}{\sum_{b} e^{h(s,b)}}$$

The gradient of the log probability is

$$\nabla_{\theta} \log \pi_{\theta}(A_t | S_t) = \underbrace{\nabla_{\theta} h(S_t, A_t)}_{\text{gradient of preference}} - \underbrace{\sum_{a} \pi_{\theta}(a | S_t) \nabla_{\theta} h(S_t, a)}_{\text{expected gradient of preference}}$$



Policy Gradient Theorem

Policy Gradient Theorem

- The policy gradient approach also applies to (multi-step) MDPs
- Replaces reward *R* with long-term return G_t or value $q_{\pi}(s, a)$
- There are actually two policy gradient theorems (Sutton et al., 2000):
 average return per episode & average reward per step



Policy gradient theorem (episodic)

Theorem

For any differentiable policy $\pi_{\theta}(s, a)$, let d_0 be the starting distribution over states in which we begin an episode. Then, the policy gradient of $J(\theta) = \mathbb{E}[G_0 \mid S_0 \sim d_0]$ is

$$\nabla_{\boldsymbol{\theta}} J(\boldsymbol{\theta}) = \mathbb{E}_{\pi_{\boldsymbol{\theta}}} \left[\sum_{t=0}^{T} \gamma^{t} q_{\pi_{\boldsymbol{\theta}}}(S_{t}, A_{t}) \nabla_{\boldsymbol{\theta}} \log \pi_{\boldsymbol{\theta}}(A_{t}|S_{t}) \mid S_{0} \sim d_{0} \right]$$

where

$$q_{\pi}(s, a) = \mathbb{E}_{\pi}[G_t \mid S_t = s, A_t = a] \\ = \mathbb{E}_{\pi}[R_{t+1} + \gamma q_{\pi}(S_{t+1}, A_{t+1}) \mid S_t = s, A_t = a]$$



Policy gradients on trajectories

- Policy gradients do not need to know the MDP dynamics
- ▶ Kind of surprising; shouldn't we know how the policy influences the states?



Episodic policy gradients: proof

Consider trajectory
$$\tau = S_0, A_0, R_1, S_1, A_1, R_1, S_2, \dots$$
 with return $G(\tau)$
 $\nabla_{\theta} J_{\theta}(\pi) = \nabla_{\theta} \mathbb{E} [G(\tau)] = \mathbb{E} [G(\tau) \nabla_{\theta} \log p(\tau)]$ (score function trick)

$$\nabla_{\theta} \log p(\tau) = \nabla_{\theta} \log \left[p(S_0) \pi(A_0 | S_0) p(S_1 | S_0, A_0) \pi(A_1 | S_1) \cdots \right]$$

= $\nabla_{\theta} \left[\log p(S_0) + \log \pi(A_0 | S_0) + \log p(S_1 | S_0, A_0) + \log \pi(A_1 | S_1) + \cdots \right]$
= $\nabla_{\theta} \left[\log \pi(A_0 | S_0) + \log \pi(A_1 | S_1) + \cdots \right]$

So:

$$\nabla_{\boldsymbol{\theta}} J_{\boldsymbol{\theta}}(\pi) = \mathbb{E}_{\pi} [G(\tau) \nabla_{\boldsymbol{\theta}} \sum_{t=0}^{T} \log \pi(A_t | S_t)]$$



Episodic policy gradients: proof (continued)

$$\begin{aligned} \nabla_{\boldsymbol{\theta}} J_{\boldsymbol{\theta}}(\pi) &= \mathbb{E}_{\pi} [G(\tau) \sum_{t=0}^{T} \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)] \\ &= \mathbb{E}_{\pi} [\sum_{t=0}^{T} G(\tau) \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)] \\ &= \mathbb{E}_{\pi} [\sum_{t=0}^{T} \left(\sum_{k=0}^{T} \gamma^k R_{k+1} \right) \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)] \\ &= \mathbb{E}_{\pi} [\sum_{t=0}^{T} \left(\sum_{k=t}^{T} \gamma^k R_{k+1} \right) \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)] \\ &= \mathbb{E}_{\pi} [\sum_{t=0}^{T} \left(\gamma^t \sum_{k=t}^{T} \gamma^{k-t} R_{k+1} \right) \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)] \\ &= \mathbb{E}_{\pi} [\sum_{t=0}^{T} \left(\gamma^t G_t \right) \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)] \\ &= \mathbb{E}_{\pi} [\sum_{t=0}^{T} \gamma^t q_{\pi}(S_t, A_t) \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)] \end{aligned}$$

Episodic policy gradients algorithm

$$\nabla_{\boldsymbol{\theta}} J_{\boldsymbol{\theta}}(\pi) = \mathbb{E}_{\pi} \left[\sum_{t=0}^{T} \gamma^{t} q_{\pi}(S_{t}, A_{t}) \nabla_{\boldsymbol{\theta}} \log \pi(A_{t} | S_{t}) \right]$$

- We can sample this, given a whole episode
- Typically, people pull out the sum, and split up this into separate gradients, e.g.,

$$\Delta \boldsymbol{\theta}_t = \gamma^t G_t \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)$$

such that $\mathbb{E}_{\pi}[\sum_{t} \Delta \theta_{t}] = \nabla_{\theta} J_{\theta}(\pi)$

- ► Typically, people ignore the γ^t term, use $\Delta \theta_t = G_t \nabla_\theta \log \pi(A_t | S_t)$
- This is actually okay-ish we just partially pretend on each step that we could have started an episode in that state instead (alternatively, view it as a slightly biased gradient)

Policy gradient theorem (average reward)

Theorem

For any differentiable policy $\pi_{\theta}(s, a)$, the policy gradient of $J(\theta) = \mathbb{E}[R \mid \pi]$ is

 $\nabla_{\theta} J(\theta) = \mathbb{E}_{\pi} [q_{\pi_{\theta}}(S_t, A_t) \nabla_{\theta} \log \pi_{\theta}(A_t | S_t)]$

where

$$q_{\pi}(s, a) = \mathbb{E}_{\pi}[R_{t+1} - \rho + q_{\pi}(S_{t+1}, A_{t+1}) | S_t = s, A_t = a]$$

$$\rho = \mathbb{E}_{\pi}[R_{t+1}] \qquad (Note: global average, not conditioned on state or action)$$

(Expectation is over both states and actions)



Policy gradient theorem (average reward)

Alternatively (but equivalently):

Theorem

For any differentiable policy $\pi_{\theta}(s, a)$, the policy gradient of $J(\theta) = \mathbb{E}[R \mid \pi]$ is

$$\nabla_{\theta} J(\theta) = \mathbb{E}_{\pi} [R_{t+1} \sum_{n=0}^{\infty} \nabla_{\theta} \log \pi_{\theta} (A_{t-n} | S_{t-n})]$$

(Expectation is over both states and actions)



Actor Critics



Policy gradients: reduce variance

► Recall $\mathbb{E}_{\pi}[b(S_t)\nabla \log \pi(A_t|S_t)] = 0$, for any $b(S_t)$ that does not depend on A_t

A common baseline is $v_{\pi}(S_t)$

$$\nabla_{\boldsymbol{\theta}} J_{\boldsymbol{\theta}}(\pi) = \mathbb{E}\left[\sum_{t=0} \gamma^t (q_{\pi}(S_t, A_t) - \boldsymbol{v}_{\pi}(S_t)) \nabla_{\boldsymbol{\theta}} \log \pi(A_t | S_t)\right]$$

► Typically, we estimate $v_w(s) \approx v_\pi(s)$ explicitly, and sample

 $q_{\pi}(S_t, A_t) \approx G_t$

- We can minimise variance further by **bootstrapping**, e.g., $G_t = R_{t+1} + \gamma v_w(S_{t+1})$
- More on these techniques in the next lecture



Critics

- A critic is a value function, learnt via policy evaluation:
 What is the value v_{πθ} of policy π_θ for current parameters θ?
- This problem was explored in previous lectures, e.g.
 - Monte-Carlo policy evaluation
 - Temporal-Difference learning
 - ▶ *n*-step TD

Actor-Critic

Critic Update parameters w of v_w by TD (e.g., one-step) or MC Actor Update θ by policy gradient function ONE-STEP ACTOR CRITIC Initialise s, θ

for t = 0, 1, 2, ... do Sample $A_t \sim \pi_{\theta}(S_t)$ Sample R_{t+1} and S_{t+1} $\delta_t = R_{t+1} + \gamma v_w(S_{t+1}) - v_w(S_t)$ $w \leftarrow w + \beta \, \delta_t \, \nabla_w v_w(S_t)$ $\theta \leftarrow \theta + \alpha \, \delta_t \, \nabla_\theta \log \pi_{\theta}(A_t \mid S_t)$

[one-step TD-error, or advantage] [TD(0)] [Policy gradient update (ignoring γ^t term)]

Policy gradient variations

- Many extensions and variants exist
- Take care: bad policies lead to bad data
- This is different from supervised learning (where learning and data are independent)

Increasing robustness with trust regions

- One way to increase stability is to **regularise**
- A popular method is to limit the difference between subsequent policies
- ► For instance, use the Kullbeck-Leibler divergence:

$$\mathrm{KL}(\pi_{\mathrm{old}} \| \pi_{\boldsymbol{\theta}}) = \mathbb{E}\left[\int \pi_{\mathrm{old}}(a \mid S) \log \frac{\pi_{\boldsymbol{\theta}}(a \mid S)}{\pi_{\mathrm{old}}(a \mid S)} \,\mathrm{d}a\right] \,.$$

(Expectation is over states)

- A divergence is like a distance between distributions
- Then maximise $J(\theta) \eta \text{KL}(\pi_{\text{old}} || \pi_{\theta})$, for some hyperparameter η

c.f. TRPO (Schulman et al. 2015), PPO (Abbeel & Schulman 2016), MPO (Abdolmaleki et al. 2018)



Continuous action spaces

Continuous actions

- ▶ Pure value-based RL can be non-trivial to extend to continuous action spaces
 - How to approximate q(s, a)?
 - How to compute max q(s, a)?
- When directly updating the policy parameters, continuous actions are easier
- Most algorithms discussed today can be used for discrete and continuous actions
- ▶ Note: exploration in high-dimensional continuous spaces can be challenging

Example: Gaussian policy

- As example, consider a Gaussian policy
- E.g., mean is some function of state $\mu_{\theta}(s)$
- For simplicity, lets consider fixed variance of σ^2 (can be parametrized as well)
- Policy is Gaussian, $A_t \sim \mathcal{N}(\mu_{\theta}(S_t), \sigma^2)$ (here μ_{θ} is the mean — not to be confused with the behaviour policy!)

The gradient of the log of the policy is then

$$\nabla_{\boldsymbol{\theta}} \log \pi_{\boldsymbol{\theta}}(s, a) = \frac{A_t - \mu_{\boldsymbol{\theta}}(S_t)}{\sigma^2} \nabla \mu_{\boldsymbol{\theta}}(s)$$

► This can be used, for instance, in REINFORCE / actor critic



Example: Policy gradient with Gaussian policy

Gaussian policy gradient update:

$$\theta_{t+1} = \theta_t + \beta(G_t - v(S_t))\nabla_{\theta} \log \pi_{\theta}(A_t|S_t)$$
$$= \theta_t + \beta(G_t - v(S_t))\frac{A_t - \mu_{\theta}(S_t)}{\sigma^2}\nabla\mu_{\theta}(S_t)$$

▶ Intuition: if return was high, move $\mu_{\theta}(S_t)$ toward A_t



Gradient ascent on value

- Policy gradients work well, but do not strongly exploit the critic
- If values generalise well, perhaps we can rely on them more?
 - 1. Estimate $q_{w} \approx q_{\pi}$, e.g., with Sarsa
 - 2. Define **deterministic actor**: $A_t = \pi_{\theta}(S_t)$
 - 3. Improve actor (policy improvement) by gradient ascent on the value:

$$\Delta \boldsymbol{\theta} \propto \frac{\partial Q_{\boldsymbol{\pi}}(s,a)}{\partial \boldsymbol{\theta}} = \frac{\partial Q_{\boldsymbol{\pi}}(s,\boldsymbol{\pi}_{\boldsymbol{\theta}}(S_t))}{\partial \boldsymbol{\pi}_{\boldsymbol{\theta}}(S_t)} \frac{\partial \boldsymbol{\pi}_{\boldsymbol{\theta}}(S_t)}{\partial \boldsymbol{\theta}}$$

- Known under various names:
 "Action-dependent heuristic dynamic programming" (ADHDP; Werbos 1990, Prokhorov & Wunsch 1997)
 "Gradient ascent on the value" (van Hasselt & Wiering 2007)
 These days, mostly know as: "Deterministic policy gradient" (DPG; Silver et al. 2014)
- It's a form of policy iteration



Continuous actor-critic learning automaton (Cacla)

We can also define the error in action space, rather than parameter space

1.
$$a_t = \operatorname{Actor}_{\boldsymbol{\theta}}(S_t)$$
(get current (continuous) action proposal)2. $A_t \sim \pi(\cdot|S_t, a_t)$ (e.g., $A_t \sim \mathcal{N}(a_t, \Sigma)$)(explore)3. $\delta_t = R_{t+1} + \gamma v_{\boldsymbol{w}}(S_{t+1}) - v_{\boldsymbol{w}}(S_t)$ (compute TD error)4. Update $v_{\boldsymbol{w}}(S_t)$ (e.g., using TD)(policy evaluation)5. If $\delta_t > 0$, update $\operatorname{Actor}_{\boldsymbol{\theta}}(S_t)$ towards A_t (policy improvement) $\boldsymbol{\theta}_{t+1} \leftarrow \boldsymbol{\theta}_t + \beta(A_t - a_t) \nabla_{\boldsymbol{\theta}_t} \operatorname{Actor}_{\boldsymbol{\theta}_t}(S_t)$

6. If
$$\delta_t \leq 0$$
, do not update Actor _{θ}

Note: update magnitude does not depend on the value magnitude Note: don't update 'away' from 'bad' actions